



YOU'VE FLOWN THE FLAG. NOW WHAT?

In the months since September 11th, 2001, we have all witnessed a powerful resurgence of the American spirit. But now, in a climate of new threats, it's clear that patriotism alone is not enough. We must also learn to protect ourselves and our families against future terrorist attacks.

There are three steps toward readiness. These steps are fairly simple and inexpensive. And they work.

MAKE AN EMERGENCY SUPPLY KIT

In a sturdy container like a plastic trash can or duffel bag, pack the items you and your family may need in an emergency.

Your kit should contain 72-hours' worth of supplies: A gallon of water per person, per day. A three-day supply of non-perishable food. A first-aid kit. Prescription and non-prescription medicines. Flashlight, extra batteries, scissors, plastic sheeting, duct tape. Also, a battery-powered radio is essential. Be sure to write down the frequencies of radio stations in your area that will broadcast emergency announcements.

It's also helpful to have a second, smaller kit with a few essential items, something you can

grab in a hurry in case you're asked to leave your home for a few days.

MAKE A FAMILY COMMUNICATIONS PLAN

If your family knows where to go and what to do in an emergency, they'll save time and remain calm. Here's what your plan should contain: The name and phone number of out-of-state relatives to contact. (Long-distance calling may be easier than local calling.) A family meeting place near your home and another one away from the neighborhood. An evacuation plan using alternative routes. A designated room in your house in case authorities instruct you to "shelter-in-place."

BE INFORMED

If there's a terrorist attack on your city, local authorities will broadcast information as quickly as possible concerning the nature of the emergency and what you should do next. Be sure to keep listening for updates. What can you do right now? Get information, educate yourself and your family. For more details on emergency preparedness, visit our website at www.ready.gov. Or get a free brochure by calling **1-800-BE-READY**.

