

**DHS Together**  
**Resource Guide**  
**Department of Homeland Security**  
**Customs and Border Protection**

**HealthierCBP Website**

[http://cbpnet.cbp.dhs.gov/xp/cbpnet/hrm/healthier\\_cbp/](http://cbpnet.cbp.dhs.gov/xp/cbpnet/hrm/healthier_cbp/)

**Employee Assistance Program**

**Toll-free number: 800-755-7002**

**Website: [cbp.eapconsultants.com](http://cbp.eapconsultants.com)**

**Password: cbpeap**



The Employee Assistance Program (EAP) provides confidential and professional assistance to employees who are experiencing personal problems which may adversely affect work performance or personal health. Employees and their family members are offered up to six free face-to-face counseling sessions. Assistance is available 24 hours a day, 7 days a week.

For program-related questions and concerns, please contact Cheryl Warner at (202) 863-6153, <mailto:cheryl.warner@dhs.gov>, or Betsey Dixon at (202) 863-6383, [betsey.dixon@dhs.gov](mailto:betsey.dixon@dhs.gov).

**WorkLife4You**

**Toll-free number: 1-866-416-8291**

**Website: <http://www.worklife4you.com> Login: screen name and password: uscbp**

WorkLife4You provides CBP employees and their family members with educational guides, loan and spending calculators, *prescreened* resources for credit counseling services, debt reduction, budgeting and more.

For program-related questions and concerns, please contact Sara P. Rodriguez at (202) 863-6247, [sara.rodriguez@dhs.gov](mailto:sara.rodriguez@dhs.gov) or Robert Cvetic at (202) 863-6349, [robert.cvetic@dhs.gov](mailto:robert.cvetic@dhs.gov).

**Office of Border Patrol Peer Support Program**

**Program Manager: James Cox**

**Phone: (202) 325-0769**

**E-mail: [James.Cox@dhs.gov](mailto:James.Cox@dhs.gov)**

The Peer Support Program (PSP) is an Office of Border Patrol program that offers assistance and support to **all** CBP employees and their family members in times of personal need or following traumatic incidents.

**Office of Border Patrol Chaplaincy Program**

**Program Manager: James Cox**

**Phone: (202) 325-0769**

**e-mail: [James.Cox@dhs.gov](mailto:James.Cox@dhs.gov)**

The Office of Border Patrol Chaplaincy Program (OBPCP) provides support to **all** CBP employees who are experiencing personal or job-related problems. Chaplains provide guidance and spiritual and non-spiritual support to employees and their immediate family members.

**National Suicide Hotline**

If you believe that you or anyone you work with is at risk for suicide, please contact the national suicide hotline for assistance. **1-800-273-TALK (8255), 1-800-799-4889 (TTY)**

**Red Nacional de Prevención del Suicidio: 1-888-628-9454**

**If you believe that you or anyone you work with is at IMMEDIATE risk, please call 911**